

# Finding help with your child's motor vehicle transport needs

Safe and comfortable car travel is important for all children and young people.

If your child has a disability, medical condition or challenging behaviours and you are concerned about their safety and comfort when travelling in the car, trained allied health professionals, (e.g., occupational therapists), can help.

MACA trained allied health professionals will assess your child's needs and provide professional advice and support. They follow a four-step process and have access to the latest resources and information to support your child's safe transport.

## Step 1: Assess

Understand the needs of the person (and family/carers), and gather information about each vehicle they travel in.

## Step 2: Plan

Consider strategies and supports (therapeutic and/or behavioural), assistive technology needs (e.g., specialised vehicle equipment) and undertake trials.

## Step 3: Implement

Identify funding options, complete documentation, and provide education and strategies to support safe transport.

## Step 4: Review

Evaluate the person's vehicle restraint(s) and strategies to ensure they still meet their needs.

